PERSONAL INFORMATION

Bogdan Tudor Tulbure



West University of Timisoara
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Sex Male | Nationality Romanian
ORCID ID: 0000-0001-8101-1753

WORK EXPERIENCE

2019 – Present
Associate professor
West University of Timisoara, Faculty of Psychology and Educational Sciences, Department of Psychology
* Courses: Cognitive Behavioral Therapies (CBT), Introduction to Acceptance and Commitment Therapy (ACT), Positive Psychology: The science of happiness, Foundations of counseling
* Responsibilities: teaching weekly sections, mentoring students, assigning course grades.
Business or sector Research and education

2013 - 2019
Assistant professor
West University of Timisoara, Faculty of Sociology and Psychology, Department of Psychology
* Courses: Cognitive-behavioral Therapy (CBT), CBT for anxiety, Clinical Assessment, Third wave of CBT interventions.
* Responsibilities: teaching weekly sections, mentoring students, assigning course grades.
Business or sector Research and education

2002 - 2013
* Teaching assistant / Assistant professor
Transilvania University of Brasov, Faculty of Psychology and Educational sciences, Department of Psychology and Education
* Courses: Cognitive Psychology, Research Methods and Data Analysis, Cognitive Therapies.
Business or sector Research and education

2011- Present
Cognitive-behavioral therapist
Psychological assessment and cognitive-behavioral psychotherapy (specialist accredited by COPSI)
Business or sector Private practice

EDUCATION AND TRAINING

2023
Habilitation Degree (Dr. habil.) in Psychology — Level 6 – postgraduate studies
West University of Timisoara, Romania

2015-2018
BA in Art History — Level 5 – undergraduate studies
West University of Timisoara, Romania.
Thesis: *"The digital paintbrush" and its impact in the art world*

2010-2012	Postdoctoral fellow in Psychology (POSDRU/89/1.5/S/60189) Babes-Bolyai University, Cluj-Napoca, Romania. Research topic: *Evidence-based assessment methods in anxiety disorders*	Level 6 – postgraduate studies
2003-2009	Ph.D. in Psychology Babes-Bolyai University, Cluj-Napoca, Romania. Thesis: *Anxiety Information Processing and their Assessment*.	Level 6 – postgraduate studies
2000-2002	MS Counseling Psychology, Babes-Bolyai University, Cluj-Napoca, Romania. Thesis: *Conscious and Unconscious Information Processing*.	Level 6 – postgraduate studies
1996-2000	BS in Psychology. Babes-Bolyai University, Cluj-Napoca, Romania. Thesis: *The Importance of Psychological Control in Health and Illness.*	Level 5 – undergraduate studies
1989-1993	High school diploma Andrei Saguna high school, Brasov, Romania.	Level 3 – high school studies

INTERNATIONAL RESEARCH EXPERIENCE

January & February, 2015	Visiting researcher at Boston University, US.
February & March, 2012	Visiting researcher at Linkoping University, Sweden.
August, 2007 – June, 2008	Fulbright visiting researcher at University of Virginia, U.S.
February – May, 2001	Semester abroad at Sunderland University, Sunderland, UK.

PERSONAL SKILLS

Mother tongue(s): **Romanian**

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	**C1**	**C1**	**C1**	**C1**	**C1**
	TOFEL (2007)				

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Languages

RESEARCH GRANTS

Principal investigator:

- ✓ **PRECISE-CARE Precision Mental Health Services: Enhancing Psychotherapy Effectiveness for Vulnerable Populations,** PN-IV-PCB-RO-MD-2024-0547 ctr. 58PCBROMD at West University of Timisoara, Grant budget: **Euro 150.000;** October 2025 – September 2027.
- ✓ **COMPASS: An AI-Augmented Communication Support Tool for NATO HUMINT Operators** granted by NATO HUMINT CENTRE OF EXCELLENCE (HCOE) to West University of Timisoara, Grant budget: **Euro 49.000;** May 2025 – November 2026.
- ✓ **Human-to-Human Engagement in AI-dominated Cognitive Environment,** granted by NATO HUMINT CENTRE OF EXCELLENCE (HCOE) to West University of Timisoara, Grant budget: **Euro 25.000;** August 2025 – November 2025.

- ✓ **A new internet-delivered transdiagnostic intervention for anxiety and mood disorders;** PN-II-PT-PCCA-2013-4-1820, project number: 331/2014; West University of Timișoara, Grant budget: **Euro 180.000;** September 2014 – September 2017.
- ✓ **Individual post-doctoral program in Psychology** at Babes-Bolyai University, Cluj-Napoca; POSDRU/89/1.5/S/60189; Grant budget: **Euro 24.000;** October 2010 – September 2012.
- ✓ **Fulbright visiting researcher**, University of Virginia, U.S.A.; Grant budget: **$12.000;** August, 2007 – June, 2008.

Member in International Research Grants and Networking Groups:

- ✓ **COST Action CA24130: Psychedelic renaissance: turn on, tune in and drop in (PSY-NET)** Funding program: European Cooperation in Science and Technology. Role: Dr. Tulbure is a *Management Committee member,* 30 Oct 2025 – 29.0ct 2029
- ✓ **The social inclusion of LGBT people. Public attitudes and evidence-based interventions to increase their quality of life,** Project RO-NO-2019-0412 September 2020 – August 2023
- ✓ **COST Action CA16102: European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders.** Funding program: European Cooperation in Science and Technology. Role: Dr. Tulbure is a *Management Committee member* and *Vice leader of Working Group 1* „Moderators and predictors of psychotherapy for adolescents and young adults." March 2017 – March 2021

Member in National Research Grants

- ✓ **Consilierea carierei si servicii de practica profesionala in psihologie (Career counseling and professional practice in psychology)** POSDRU/161/2.1/G/136958. Director prof. univ. dr. Florin Alin Sava (http://www.carierapsiho.psihologietm.ro) April 2014 – October 2015
- ✓ **Evaluare si micro-violenta in mediul scolar. Relatii, preventie si interventie (Assessment and micro-violence in school settings. Relationships, prevention and intervention EMMS)** Contract no. 4GR/28.05.2007 / 6GR/2008, CNCSIS 943/2007, Director prof. univ. dr. Cocorada Elena May 2007 – Dec 2008
- ✓ **Analiza neurocognitiva si developmentala a anxietatii. Aplicatii in optimizarea metodelor de diagnoza si psihoterapie (Neurocognitive and developmental assessment of anxiety. Optimizing the diagnostic and psychotherapy procedures)**. Contract nr. 122 CEEX II 03/2006, Director prof. univ. dr. Mircea Miclea

PUBLICATIONS

Books and book chapters

Tulbure, B. T. (2026). Algorithms and the human mind: The co-creation of human culture. In D. Șilindean (Coord.), D. Boc-Sînmărghițan, & I. C. Frînculescu (Eds.), *Limbă și cultură – Între tradiție și A.I. / Language and culture – Between tradition and A.I.* (pp. 260–274). Editura „Victor Babeș".

Tulbure B.T. (2017) Terapia prin acceptare și angajament: Conceptualizare, intervenție și suport empiric pentru tulburările de personalitate, in volumul coordonat de Popa, C., David, D. O., Sava, F. A. *Psihoterapiile cognitive şi comportamentale în tulburările de personalitate. Aplicaţii practice şi noi direcţii,* Editura Trei, Bucuresti (**Tulbure B. T.** (2017) Acceptance and Commitment Therapy: Conceptualization, interventions and empirical support for personality disorders, in Popa, C., David, D. O., Sava, F. A. *Cognitive and Behavioral therapies in personality disorders: Practical applications and new directions*, Trei Publishing House, Bucharest)

Tulbure, B.T. (2011) *Anxietatea – Procesări informaționale și evaluarea lor.* Editura ASCR, Cluj Napoca. ISBN 978-606-8244-26-6 (296 p.) (*Anxiety Information Processing and their Assessment*, A.S.C.R. Printing House, Cluj Napoca, Romania).

Tulbure, B. T. (2008) *Trainingul asertiv,* in E. Cocorada, M. R. Luca, A. I. Clinciu, M. Pavalache-Ilie, L. E. Nastasa & B. T. Tulbure (2008). *Microviolenta scolara conexa evaluarii. Ghid de consiliere educationala*. Brasov: Ed. Universitatii Transilvania. ISBN 978-973-598-433-5 (*Assertive Training*, in E. Cocorada, M. R. Luca, A. I. Clinciu, M. Pavalache-Ilie, L. E. Nastasa & B. T. Tulbure (2008). *School micro-violence related to assessment: A guide for educational*

counseling. Transilvania University Printing House, Brasov. ISBN 978-973-598-433-5).

ISI & ISI Proceedings papers

Tulbure B. T., Tirica, S., Dolot, L. I., Marian, S., Sălăgean, N., Rusu, A., (under review) Internet-Delivered ACT for Anxiety in Romania: A Pilot Study of Cultural Adaptation and Clinical Implementation

Tulbure, B. T., Spătaru, B., Rusu, A., Faur, D., Precupaș, D., Trancă, L. M., Popa, Ș. G., & Spătaru, A. (2026). Breaking barriers in student mental health care with AI-enhanced group Cognitive Behavioral Therapy: Pilot feasibility study. *JMIR Formative Research, 10,* Article e84296. https://doi.org/10.2196/84296

Gândilă, A., Rusu, A., Pap, Z., **Tulbure, B. T**., Vîrgă, D., & Sauer-Zavala, S. (2026). Tailoring the Unified Protocol for the treatment of burnout: A co-design approach. *Acta Psychologica, 269*, Article 107443. https://doi.org/10.1016/j.actpsy.2026.107443

Albulescu, P., Macsinga, I., Sulea, C., Pap, Z., **Tulbure, B. T**., & Rusu, A. (2025). Short Breaks During the Workday and Employee-Related Outcomes. A Diary Study. *Psychological Reports,* https://doi.org/10.1177/00332941251317632

Tulbure, B. T., Dudău, D. P., Marian, Ș., & Watkins, E. (2025). An internet-delivered rumination-focused CBT intervention for adults with depression and anxiety: A randomized controlled trial. *Behavior Therapy*. https://doi.org/10.1016/j.beth.2024.12.004

Spătaru, B., Podina, I., **Tulbure, B. T.,** Maricuțoiu, L. (2024) A longitudinal examination of appraisal, coping, stress, and mental health in students: A cross-lagged panel network analysis, *Stress and Health,* e3450. https://doi.org/10.1002/smi.3450

Isbășoiu, A. B., Sava, F. A., Larsen, T. M. B., Anderssen, N., Rotaru, T. S., Rusu, A., Sălăgean, N., & **Tulbure, B. T.** (2024). An Internet-Based Intervention to Increase the Ability of Lesbian, Gay, and Bisexual People to Cope with Adverse Events: Single-Group Feasibility Study. *JMIR Formative Research*, *8*, e56198. https://doi.org/10.2196/56198

Gergov, V., Prevendar, T., Vousoura, E. Ulberg, R., Dahl, H-S., Feller, C., Jacobsen, C. F., Karain, A., Milic, B., Poznyak, E., Sacco, R., **Tulbure B. T.,** Camilleri, N., Liakea, I., Podina, I., Saliba. A., Torres, S., & Poulsen, S. (2023) Sociodemographic Predictors and Moderators of Treatment Outcomes of Psychotherapeutic Interventions for Young People with Mental Disorders: A Systematic Review. *Adolescent Research Review,* https://doi.org/10.1007/s40894-023-00228-6

Albulescu P., Macsinga I., Rusu A., Sulea C., Bodnaru A., & **Tulbure B. T.** (2022) "Give me a break!" A systematic review and meta-analysis on the efficacy of micro-breaks for increasing well-being and performance. PLoS ONE 17(8): e0272460. https://doi.org/10.1371/journal.pone.0272460

Isbăşoiu, A. B., **Tulbure B. T.,** Rusu, A., & Sava, F. A. (2021) Can We Boost Treatment Adherence to an Online Transdiagnostic Intervention by Adding Self-Enhancement Strategies? Results From a Randomized Controlled Non-inferiority Trial. *Front. Psychol.* 12:752249. doi: 10.3389/fpsyg.2021.752249

Vousoura, E., Gergov, V., **Tulbure, B.T**. *et al.* (2021). Predictors and moderators of outcome of psychotherapeutic interventions for mental disorders in adolescents and young adults: protocol for systematic reviews. *Systematic Reviews* **10,** 239 https://doi.org/10.1186/s13643-021-01788-1

Pereira, A. I., Muris, P., Roberto, M. S., Stallard, P., Garcia-Lopez, L-J., **Tulbure, B. T.,** Podina, I., Simon, E., Sousa, M., & Barros, L. (2021) Cumulative Risk Exposure and Social Isolation as Correlates of Carer and Child Mental Health During the COVID-19 Pandemic: An Online Study with Families from Various Europeans Countries, *Child Psychiatry & Human Development*, 1-13; https://doi.org/10.1007/s10578-021-01233-3

Tulbure, B. T., Flueraș, A. B., Nădăban, O., Moga, D. S., & Măgurean, S. (2021) An open trial internet-delivered intervention for perfectionism, *Current Psychology* 10.1007/s12144-020-01286-y (IF 2.051 / 2019, Print ISSN 1046-1310, E ISSN 1936-4733

Maricuțoiu, L., Măgurean, S. & **Tulbure, B. T.** (2019) Perfectionism in a transdiagnostic context: The relationships between perfectionism and psychopathology, *European Journal of Psychological Assessment,* DOI: 10.1027/1015-5759/a000541

Tulbure, B. T., Rusu, A., Sava F. A., Sălăgean, N., & Farchione, T. J. (2018). A Web-Based Transdiagnostic Intervention for Affective and Mood Disorders: Randomized Controlled Trial*, Journal of Medical Internet Research, Mental Health,* 5(2):e36 DOI: 10.2196/mental.8901

Tulbure, B. T., Andersson, G., Sălăgean, N., Pearce M., & Koenig, H. (2018). Religious versus Conventional Internet-based Cognitive Behavioral Therapy for Depression, *Journal of Religion and Health, 56,* 1-15. DOI: 10.1007/s10943-017-0503-0

Tulbure B. T., Szentagotai A., David O., Ștefan S., Månsson KNT, David D. & Andersson, G. (2015) Internet-Delivered Cognitive-Behavioral Therapy for Social Anxiety Disorder in Romania: A Randomized Controlled Trial. PLOS ONE 10(5): e0123997. doi:10.1371/journal.pone.0123997

Tulbure, B. T. (2015). Appreciating the positive protects us from negative emotions: The relationship between gratitude, depression and religiosity. *Procedia of Social and Behavioral Sciences,* 187, 475 – 480. doi: 10.1016/j.sbspro.2015.03.089

Marini, M., Sriram, N., Schnabel, K., Maliszewski, N., Devos, T., Ekehammar, B., Wiers, R., Cai, H., Somogyi, M., Shiomura, K., Schnall, S., Neto, F., Bar-Anan, Y., Vianello, M., Ayala, A., Dorantes, G., Park, J., Kesebir, S., Pereira, A., **Tulbure, B.,** Ortner, T., Stepanikova, I., Greenwald, A. G., & Nosek, B. A. (2013). Overweight people have low levels of implicit weight bias, but overweight nations have high levels of implicit weight bias. *PLOS ONE*. 8(12): e83543. doi:10.1371/journal.pone.0083543

Tulbure, B. T., & Siberescu, I. (2013). Cognitive training enhances working memory capacity in healthy adults: A pilot study. *Procedia of Social and Behavioral Sciences, 78,* 175-179.

Tulbure, B. T., Månsson, K. N. T., & Andersson, G. (2012). Internet treatment for social anxiety disorder in Romania: Study protocol for a randomized controlled trial, *Trials* 13:202. doi: 10.1186/1745-6215-13-202.

Tulbure, B. T., Szentagotai, A., Dobreana, A., & David, D. (2012) Evidence based clinical assessment of child and adolescent social phobia: A critical review of rating scales, *Child Psychiatry and Human Development, 43*, 795-820. doi: 10.1007/s10578-012-0297-y (Impact Factor: **1,93**).

Tulbure, B. T. (2012). Human attitudes toward error: A quest in search of scientific evidence *Procedia of Social and Behavioral Sciences, 33,* 278-282.

Tulbure, B. T. (2011). The efficacy of Internet supported interventions for social anxiety disorders: A brief meta-analytic review *Procedia of Social and Behavioral Sciences, 30,* 552-557

Tulbure, B. T. (2011). Implicit and explicit facets of spider fear: a brief research report *Procedia of Social and Behavioral Sciences, 30,* 558-564.

Nosek, B.A., Smyth, F.L., Sriram, N., Lindner, N.M., Devos, T., Ayala, A., Bar-Anan, Y., Bergh, R., Cai, H., Gonsalkorale, K., Kesebir, S., Maliszewski, N., Neto, F., Olli, E., Park, J., Schnabel, K., Shiomura, K., **Tulbure, B.T.**, Wiers, R.W., Somogyi, M., Akrami, N., Ekehammar, B., Vianello, M., Banaji, M.R., & Greenwald, A.G. (2009). National differences in gender-science stereotypes predict national sex differences in science and math achievement. *Proceedings of the National Academy of Sciences*, Vol. 106, No. 26, 10593-10597. (Impact Factor: **9,05**).

BDI papers

Măgurean, S., Sălăgean, N. & **Tulbure, B. T.** (2016). Factor structure and Psychometric properties of two short versions of Frost Multidimensional Perfectionism Scale in Romania. *Romanian Journal of Experimental Applied Psychology Vol. 7,* Issue 1, 207-211. **DOI: 10.15303/rjeap.2016.si1.a43**

Hackl, E. & **Tulbure, B. T.** (2016). The Quick Inventory of Depressive Symptomatology – the Self Report Romanian version, *Romanian Journal of Applied Psychology, Vol. 18*, No. 1, 8-12.

Tulbure, B.T. (2008). Chestionarele ca instrumente de evaluare în anxietate: O analiză critică, *Analele Universitatii din Oradea, Fascicula Psihologie,* Vol. XIII, 28-42.

Tulbure, B.T. (2006). Dissimulating anxiety in front of the Implicit Association Test (IAT) *Cognition, Brain, Behavior*, Vol. X, No. 4 (December), 559-579.

Tulbure, B.T. (2005). Modele teoretice în etiologia fobiilor, *Cogniţie Creier Comportament*, Vol, IX, No. 1, 65-85.

Nationally relevant papers

Tulbure, B.T. (2005). Chestionarul de Evaluare a Temerilor (CET): Aspecte psihometrice şi factoriale, *Exigenţe şi Standarde ale Psihologiei Aplicate,* Câmpulung Moldovenesc.

Tulbure, B.T. (2005). Mai este condiţionarea un model comprehensiv în etiologia fobiilor? *Buletinul Ştiinţific*, No. 2, 9-17, Universitatea Piteşti.

Tulbure, B.T. (2005). Susceptibilitatea la anxietate – conceptualizare şi aspecte psihometrice, *NavMarEdu*, *Secţiunea IV - Ştiinţe Sociale*, p. 673-681, Constanta

Tulbure, B.T. (2002). Stimularea supraliminală: efecte asupra prelucrărilor conştiente şi inconştiente, in Petrescu I. (Ed.) *Eficientă, Legalitate, Etică,* Ediţia a-XI-a, Braşov.

Internaţional conferences

Tulbure, B. T., Bejan, T., Alghazi, L., Mladenovici, V., Faur, D., & Popa, Ș. G. (2026, October 9). *NextSession: Can an AI patient support CBT training? A feasibility study* [Paper presentation]. 9th Conference of the European Society for Research on Internet Interventions (ESRII), Porto, Portugal.

Tulbure, B. T., Pravițchi, G., Crișan, I., Bondarenco, O., Marian, Ș., Andoni, D., Șimon, I., Goroșevschi, A., & Sârbu, M. M. (2026, July 16–19). *Measurement-based kernel sequencing in process-based therapy for anxiety and depression: A feasibility open trial* [Conference presentation]. ACBS World Conference 2026, Association for Contextual Behavioral Science, Lyon, France.

Tulbure, B. T., Spătaru, B., Rusu, A., Faur, D., Precupaș, D. Trancă, L. M., Popa, S. G., Spătaru, A., (2025) *Feasibility of an AI Augmented Psychological Counseling Program for University Students in Romania*, ESRII Conference, 3-5 October, Vilnius Lithuania

Tulbure, B. T., Marian, S. (2024) Exploring the role of experiential avoidance as a change mechanism in a transdiagnostic treatment for anxiety and depression, *EABCT Conference, 54 Edition, New age of CBT – Challenges and perspectives*, 4-7 September, Belgrade, Serbia

Tulbure, B. T., Flueraș, A. B., Nădăban, O., Moga D. S., & Măgurean, S., (2024) An open trial internet-delivered intervention for perfectionism, *Perfectionism Meeting Network*, Babes-Bolyai University, Cluj-Napoca, July 9-10, 2024

Tulbure B.T. (2023) Our brilliant and broken mind – How to relate to the stories within? Ignite talk presented at the *ACBS World Conference*, Cyprus, Nicosia, 24-28 July, 2023

Vella Fondacaro, D.; Camilleri, N.; Vousoura, E., Hochgerner, M., Poulsen, S., … **Tulbure B.T.** … & Garcia-Lopez, L.-J. (2020) Evidence-based Psychotherapeutic Interventions for Young People with Mood disorders, A systematic review, *28th European Congress of Psychiatry*, 4-7 July, 2020

Camilleri, N.; Saliba, A., Vousoura, E., Loffler-Stastka, H., Vella Baldacchino, R., Saliba, E., **Tulbure B.T.** … & Gergov, V. (2020). Evidence-based Psychotherapeutic Interventions for Young People with Mental Disorders, A systematic review, *28th European Congress of Psychiatry*, 4-7 July, 2020

Sacco R, Camilleri N, Saliba E, Vousoura E, Saliba A, Vella Fondcaro D, Löffler-Stastka H, Poulsen S, Chiarenza G, Ulberg R, Gergov V, Prevendar T, Torres S, **Tulbure B. T.**, GarciaLopez LJ, Hochgerner M, & Markovska-Simoska S. (2020). Evidence-based psychotherapeutic interventions for young people with Substance Use Disorders (SUD): a systematic literature review. 28th European Congress of Psychiatry, Madrid, Spain, 4-7 July 2020.

Vousoura, E., Gergov, V., **Tulbure, B. T.,** Podina, I., & Poulsen, S., (2019) Moderators of psychotherapeutic interventions for young people: What do we know so far? *Society for Psychotherapy Research 50th Annual International Meeting*, Buenos Aires, Argentina (July 3-6)

Tulbure, B. T., Măgurean, S., Moza, D., Rusu, A., & Sălăgean N. (2017) The new e-cbt.ro online psychotherapy platform, *International Congress of Cognitive Psychotherapy, 28.06–01.07.2017, Cluj-Napoca, Romania*

Magurean, S., Flueraș, A., Nădăban, O., Moga, D., **Tulbure, B. T.** (2017) An internet-delivered cognitive-behavioral program for perfectionism, *International Congress of Cognitive*

Psychotherapy, 28.06–01.07.2017, Cluj-Napoca, Romania

Tulbure, B. T., Rusu, A, Măgurean, S., & Sava, F. A. (2017). An online transdiagnostic treatment for affective and mood disorders, *International Congress of Cognitive Psychotherapy, 28.06–01.07.2017, Cluj-Napoca, Romania*

Măgurean, S., Sălăgean, N., Rusu, A., Maricutoiu, L., & **Tulbure, B. T.** (2016) *The Psychometric proprieties of Almost Perfect Scale – Revised in a Romanian Sample,* Conferința Europeană de Psihologia Personalității (Iulie 2016), Timisoara, România.

Tulbure, B. T. (2014). Appreciating the positive protects us from negative emotions: The relationship between gratitude, depression and religiosity, *Psiworld, 24-26 Oct., Bucuresti, Romania.*

Tulbure, B. T., Szentagotai, A., David O., Stefan, S., Månsson, K. N. T., David, D. Andersson, G. (2013). Internet intervention for social anxiety disorder in Romania, *Seccond eddition of the European Society for Research on Internet Interventions (ESRII) Conference, 3-4 Oct., Linkoping, Sweden.*

Andersson, G. Stalby, H., **Tulbure, B.T.**, & Cuijpers, P. (2013). Meta-analysis of the effects of internet treaments for social anxiety disorder, *7th World Congress of Behavioral and Cognitive Therapies, 22-25 Iulie, Lima, Peru.*

Tulbure, B. T., & Siberescu, I. (2012). Cognitive training enhances working memory capacity in healthy adults: A pilot study. *Psiworld, 18-21 Oct., Bucuresti, Romania.*

Tulbure, B. T. (2011). Human attitudes toward error: A quest in search of scientific evidence *Psiworld, 27-30 Oct., Bucuresti, Romania.*

Tulbure, B.T. (2011). Implicit and explicit facets of spider fear: a brief research report, *World Conference for Psychology, Counselling and Guidance 2011 (seccond edition), 25-29 Mai, Antalya – Turkey.*

Tulbure, B.T. (2011). The efficacy of Internet-supported intervention for social anxiety disorder: A brief meta-analytic review, *World Conference for Psychology, Counselling and Guidance 2011 (seccond edition), 25-29 Mai, Antalya – Turkey.*

Tulbure B.T., Teachman B.A., & Nosek B.A (2010). The dynamic relationships among emotional system and measurement methods: the impact of moderators; *24th European Health Psychology Conference, Cluj-Napoca, Romania.*

Tulbure B.T., Steinman S.A., & Teachman B.A. (2010). Does momentary shifts in affect influence unrelated decisions? *24th European Health Psychology Conference, Cluj-Napoca, Romania*

Steinman, S.A., **Tulbure, B.T**., & Teachman, B.A. (2009). State Affect as a Predictor of Implicit Associations Among Individuals High in Spider Fear, *Academy of Behavioural and Cognitive Therapy*, New York, U.S.A.

Tulbure, B.T., Teachman, B.A, & Nosek, B.A. (2009). Moderators of the relationship between different forms of fear responding, *30th Stress and Anxiety Research Society Conference*, Budapest, Hungary.

Steinman, S.A., **Tulbure, B.T.,** & Teachman, B.A. (2009). Evaluating the effects of state anxiety on implicit associations among individuals high in spider fear. Poster presented at the annual meeting of the *Society for Personality and Social Psychology*, Tampa, Florida, USA.

National Conferences

Tulbure, B. T. (2026, 23–24 octombrie). *Intervenții transdiagnostice online pentru anxietate și depresie: Date din studiile realizate la Universitatea de Vest din Timișoara* [Prezentare orală invitată]. Congresul Național de Psihologie Clinică, ediția a III-a, București, România.

Tulbure B. T. (2025) Algorithms and the human mind: The co-creation of human culture*, Language and Culture Conference: Between Tradition and A.I. (Oct 2025), "Victor Babeș" University of Medicine and Pharmacy, Timișoara*

Tulbure, B. T. , Secara, E. (2025) Assessing the Clinical Utility of AI-Generated Metaphors in ACT for Anxiety and Depression**,** *ACT National Conference, Fifth Edition*, 8-10 June 2025, Cluj-Napoca, Romania

Tulbure, B. T. (2024) Managing Cognitive Distortions: Towards a Flexible Approach to Cognitive Errors, *ACT National Conference, Fourths Edition*, 12-14 July 2024, Cluj-Napoca, Romania

Albulescu, P., Macsinga, I., **Tulbure, B. T.,** Rusu A. (2023) Adaptarea în limba română a Chestionarului Experiențelor de Recuperare pentru angajații din sectorul general și cel educațional Conferința Națională de Psihologie intitulată *Psihologia în era digitalizării*, 2-4 iunie 2023, Constanța

Tulbure B.T. (2023) Cu ce este asociată Umilința Intelectuală? *Conferința Națională de Psihologie intitulată Psihologia în era digitalizării*, 2-4 iunie 2023, Constanța.

Tulbure B.T. (2022) Poate fi procesul defuziunii facilitat de conștientizarea și acceptarea distorsiunilor cognitive? *Conferința Națională ACT, A 2-a ediție*, *Aprofundarea conexiunilor interpersonale din perspectiva paradigmei contextual comportamentale,* 20-22 Mai 2022, Online

Tulbure B.T. (2022) ACT în Anxietate și Deresie, *Conferința Națională ACT, A 2-a ediție*, *Aprofundarea conexiunilor interpersonale din perspectiva paradigmei contextual comportamentale,* 20-22 Mai 2022, Online

Tulbure, B.T. (2021). Iluzia de a fi sigur și mecanismele ei de corecție, *Conferinta Asociației Psihologilor din România: Psihologie şi Tehnologie, Conectaţi la Viitor*, 11-14 Nov, 2021 (The illusion of being certain and its correction mechanisms, *Romanian Psychological Association conference: Psychology and technology – connected to the future,* Nov 11-14, 2021)

Tulbure, B.T. (2012). Terapia cognitiv-comportamentală a fobiei sociale în mediul virtual: un studiu clinic controlat. *Conferinţa Naţională de Psihologie (APR)*, 27-29 Sept., Brasov.

Cioara, M., Miclea. M., Miu. A., & **Tulbure, B.T.** (2007). Distorsiuni cognitive in cercetare și evaluare – Avantajele și limitele testelor implicite în evaluarea anxietății, *Conferința Națională de Psihologie Școlară*, Baile Felix, Romania.

Tulbure, B.T. (2006). Proiectul Implicit România – Un laborator virtual pentru evaluarea asocierilor implicite, *Conferinţa Naţională de Psihologie (APR)*, 18-21 Mai, Cluj Napoca

Tulbure, B.T. (2004). Consecinţe comportamentale ale amorsajului supraliminal, *Psihologia Românească şi Integrarea Europeană (APR)* 21-23 Mai, Călimăneşti-Căciulata.

INTERNATIONAL WORKSHOPS ATTENDED (selection)

2026, June 14–15 ***Deep process, brave work: ACT and exposure for trauma recovery [Continuing education workshop]*** presented by ***Robyn Walser, PhD*** at the *24th Edition of the Association for Contextual Behavioral Science (ACBS) World Conference, Lyon, France*.

2024.09.04 ***Entering the World of Psychedelic-assisted Therapy*****,** presented by **James Bennet Levy, PhD & James Hawkins**, at the *54th Annual Congress of the European Association for Behavioural and Cognitive Therapies* (EABCT 2024), Belgrade.

2024.07.12 ***The Heart of ACT,*** presented by **Robyn Walser, PhD** at the *ACT National Conference*, 4th Edition, Cluj-Napoca, Romania.

2023.07.24-25 ***The Next ACT: How 40 Years of Development Has Prepared CBS for What is Coming***, presented by: *Steven C. Hayes, Ph.D., Gijs Jansen, Ph.D., Joseph Ciarrochi, Ph.D*. at the *22nd Edition of the Association for Contextual Behavioral Science (ACBS) World Conference*, Nicosia, Cyprus.

2021-2022 **ACT immersion – An introduction to ACT as a Process-Based Therapy, online course** presented by **Steven Hayes, PhD** (University of Nevada, USA).

2019.06.6-9 and 10.4-6 **Compassion Focused Therapy (CFT),** (48 training hours) Presented by **Chris Irons, PhD (**Clinical Psychologist & Director @ Balanced Minds, UK)

2018.03.16-17 **Trainig school on building research networks, writing succesful grant applications and on increasing knowledge abour European funding opportunities**, University of Oslo, Norway (part of Cost-Action TREATme 16102)

2017.07.28-30 ***Using psychological flexibility as a guide to doing process-oriented CBT*** presented by **Steven**

Hayes, PhD (University of Nevada, USA) during the *9th International Congress of Cognitive Psychology* (Cluj-Napoca, Romania)

2012.09.25-26 **International Symposium on Clinical Psychology - *Workshop on empirrically supported interventions*** presented by **Thomas Ollendick, PhD** (Virginia Politechnic Institute, USA), **Bethany Teachman PhD** (University of Virginia, USA), **John Lochman PhD** (University of Alabama, USA), **Christianne Lee Esposito – Smythers** (Geroge Mason University, USA), **Ion Dafinoiu PhD** (Universitatea Ioan Cuza, RO), **James Maddux PhD** (George Mason University, USA)

2011.07.20-22 ***Workshop on Evidence-Based Treatments – What research tell us about which interventions work with wich problems*** **susținut de Thomas Ollendick, PhD** (Virginia Politechnic Institute, USA), **Bethany Teachman PhD** (University of Virginia, USA), **John Lochman PhD** (University of Alabama, USA), **Everett Warthington PhD** (Virginia Commonwealth University, USA), **Cecilia Essau PhD** (Roehamton University, UK), **Ion Dafinoiu PhD** (Universitatea Alexandru Ioan Cuza, RO), **James Maddux PhD** (George Mason University, USA)

AD-HOC REVIEWING

* Journal of Cognitive and Behavioral Psychotherapies
* Journal of Rational-Emotive & Cognitive-Behavior Therapy
* Internet Interventions
* Scandinavian Journal of Psychology
* World Conference for Psychology, Counselling and Guidance (May, 2011)
* Psiworld (Oct, 2011, 2012, 2014)
* Romanian Journal of Applied Psychology
* Journal of Medical Internet Research (JMIR)

Doctoral Theses Supervised (ongoing)

2023–2026 Miruna-Mădălina Sârbu. *Affective Forecasting: Emotional Abilities to Predict Future Happiness.* West University of Timișoara.

2025–2029 Isabela Șimon. *Advancing Precision Care Through Process-Based Therapy: Exploring Personalized Intervention Pathways.* West University of Timișoara.

2026–2030 Șerban-Gabriel Popa. *Development and Validation of Artificial Intelligence-Based Systems for Supporting Psychological Research: Tools, Workflows, and Methodological Standards.* West University of Timișoara.

2026-2030 Alexandra Camelia Todor. *Precision Psychotherapy for Emotional Dysregulation in Borderline Personality Traits: Idiographic Assessment and AI-Augmented Interventions.* West University of Timișoara (UNITA cotutelle, co-supervised with Dr. Maria Navarro-Haro, University of Zaragosa).